



Nuts

Almond
Brazil nut
Cashew
Hazelnut
Macadamia nut
Peanut
Pecan nut
Pistachio
Walnut

Fruit (berry)

Blueberry
Raspberry
Strawberry

Fruit (citrus)

Grapefruit
Kiwi
Lemon
Lime
Mandarin, Tangerine
Orange

Fruit (other)

Apple
Banana
Grape
Mango
Peach
Pear

Grain

Barley
Buckwheat
Corn
Gluten
Oat
Quinoa
Rice
Rye
Wheat

Vegetable I

Broccoli
Cabbage
Carrot
Onion
Potato

Vegetable II

Chick pea
Kidney bean
Lentil
Pea
Soybean

Meat

Beef
Chicken
Pork
Turkey

Egg

Egg
Egg white
Egg yolk
Ovalbumin
Ovomucoid
Conalbumin

Dairy

Alpha-lactalbumin
Beta-lactoglobulin
Casein
Cheese (cheddar)
Cheese (mold)
Milk
Whey

Fish

Codfish
Halibut
Herring
Mackerel
Salmon
Trout
Tuna
Walleye Pike

Seafood

Blue mussel
Clam
Crab
Lobster
Oyster
Scallop
Shrimp
Sole
Snail
Tilapia

Individual

Basil
Bay Leaf
Mushroom
Paprika, sweet pepper
Sesame seed
Sunflower seed
Yeast

Mites

Acarius siro
D. farinae
D. microceras
D. pteronyssinus
House dust

Micro-organisms

Alternaria Alternata (A. tenuis)
Aspergillus fumigatus
Aspergillus niger
Candida albicans
Cephalosporium acremonium
Cladosporium herbarum

Drugs

Amoxicilloyl
Ampicilloyl
Penicilloyl G
Penicilloyl V

Epidermal & Animal Proteins

Cat dander
Dog dander
Guinea Pig
Hamster
Horse dander
Mouse
Rabbit epithelium
Rat
Chicken feather
Duck feather
Goose feather
Turkey feather

Trees

Beech
Birch
Cottonwood
Elm
Maple
Pecan
Oak
Walnut



*plus over 20 types of weeds & grasses

Venoms & Insects

Bumble Bee
Common wasp (yellow jacket)
Honey bee
Moth
Paper wasp
White-faced hornet
Yellow hornet